

Access Midwifery & Family Care

Serving Esquimalt, Western Communities and Victoria

March 23, 2020

Please note this is the most current information at the time this document was created, it is always best to check the links to see any information as this situation is evolving daily.

WORK ABSENCE & EMPLOYMENT INSURANCE

Thanks to Dr Jennifer Robson, at Carleton University for putting together this comprehensive document regarding Employment Insurance.

Sick Notes

As per instructions from the Provincial Health Officer Dr Bonnie Henry and Health Minister Adrian Dix there is “***no need – none – for sick notes at this time.***”

You will **NOT** need a note to miss work if you have symptoms.

<https://news.gov.bc.ca/releases/2020HLTH0077-000484>

Doctors of BC Position - BC doctors urge employers to stop asking for sick notes

<https://www.doctorsofbc.ca/news/bc-doctors-urge-employers-stop-asking-sick-notes>

Employment Insurance

People in quarantine (including those who are not sick and those whose workplace is closed to enforce social distancing) can apply for Employment Insurance Medical Leave. You **DO NOT** need a medical certificate from your doctor, NP or midwife.

The Employment Insurance link:

<https://www.canada.ca/en/employment-social-development/corporate/notices/coronavirus.html>

Prime Minister Trudeau: Update Economic Plan & Support for Workers, March 18 2020

<https://pm.gc.ca/en/news/news-releases/2020/03/18/prime-minister-announces-more-support-workers-and-businesses-through>

Housing

BC Housing temporary eviction moratorium and rent adjustment notification:

<https://www.bchousing.org/publications/Covid-19-Bulletin-for-Housing-Providers-Eviction-and-Rent-Adjustment-Notification-March-18th-2020.pdf>

Federal Student Loans

Effective March 30, 2020, all student loan borrowers will automatically have their repayments suspended until September 30, 2020. No payment will be required and interest will not accrue during this time.

Students do not need to apply for the repayment pause.

<https://www.canada.ca/en/employment-social-development/corporate/notices/coronavirus.html>

Mental Health Resources

BC Managing COVID-19 Stress, Anxiety and Depression

https://www2.gov.bc.ca/assets/gov/health-safety/covid19_stressmanagement_5_accessible.pdf

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A NEW BC GOVERNMENT EMERGENCY WEBSITE

A new website has been launched for non-health related information and services

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>

KEEP INFORMED

Keep up to date with clear Ministry of Health of BC information:

BC Ministry of Health and other Ministry specific NEWS

You can subscribe.

<https://news.gov.bc.ca/releases/2020HLTH0095-000525>

PREGNANCY

Baby's Best Chance_

<https://www.healthlinkbc.ca/babys-best-chance>

THANK YOU to South Community Birth Program, Government of BC and of Canada, Midwives Association of BC, College of Midwives of BC and many midwives, doctors, nurses, cleaning staff, laboratory technicians, policy analysts, statisticians, and all health care providers and workers of all types (paid and unpaid) across the country sharing resources and guidelines to help serve you best.